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FOR IMMEDIATE RELEASE

OAK RIDGE, Tennessee – On Monday, September 26th the Rush Fitness Complex and the Tennessee Orthopedic Clinic, team up once more to hold another **AWARENESS SEMINAR** for the Oak Ridge community. The focus of this seminar is *“the root cause of lower back pain and other issues regarding the spine”* What are the causes of various spinal issues and what can be done to help correct them using both medical and exercise solutions. The seminar will be conducted by Board Certified, Doctor Edward Kahn MD. Dr. Kahn, attended medical school at the University of Miami and did his residency at the University of California Irvine, he is a fellow in the American Academy of Orthopedic Surgery and a member of the Tennessee Orthopedic Association.

The seminar is scheduled to last about an hour with a question and answer period at the conclusion. For those interested in attending, please RSVP early, as space will be limited. Make your reservations by phone or email at rsanabria@therush247.com or (865)276-3488.

Throughout the year, The Rush Fitness Complex holds many informative seminars and clinics at all their locations; please check your local media and “The Rush Facebook” pages for their next event.

About The Rush Fitness Complex:

The Rush Fitness Complex is one of the fastest growing Health Club Companies in America. Mixing entertainment and fitness to create an exciting environment allowing its members to experience a Rush of their own. The Company was founded in 2001 by Larry Gurney a recognized leader in the fitness industry and former President of 24 Hour Fitness. The Rush currently has 23 locations open 24 hours a day 7 days a week. To learn more about the company please visit them on the web at www.therush247.com.

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